

Breakfast Hours: 7:00 - 8:30 a.m.
 Lunch Hours: 10:30 a.m. - 12:00
 Meals must be eaten on campus

All meals include a choice of
 either chocolate or white
 skim milk or 1% white milk.

June-July 2023 Breakfast and Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
June 12 No School Kamehameha Day Holiday	13 Portuguese Sausage Steamed Rice, Craisin Pineapple Chunks ***** Macaroni & Cheese Edamame Baby Carrots Apple Chips	14 Breakfast Kit Craisin ***** Pepperoni Pizza Cucumber Corn Craisin	15 Cereal with Toast Applesauce Apple Chips ***** Hamburger Curry Steamed Rice, Roll Corn, Broccoli Fruit Slushy	16 Breakfast Pizza Craisin Apple Chips ***** Tuna Sandwich with Soup Baby Carrots Cucumber Craisin
19 Plain Bagel Cream Cheese, Craisin Diced Pears ***** Cheese Bites Marinara Sauce Cup Cucumber Fruit Slushy	20 Fruited Muffin Fruit Juice Sliced Peaches ***** Creole Macaroni Green Salad, Edamame Applesauce Roll	21 Country Gravy Pizza Pineapple Chunks Craisins ***** Hamburger Tater Tots Lettuce & Tomato Apple Chips	22 Pork Sausage Patty Steamed Rice, Mixed Fruit Fruit Juice ***** Chicken Tenders Steamed Rice Hot Corn, Edamame Sliced Peaches	23 Cereal with Toast Applesauce Craisin ***** Roasted Turkey with Gravy Whipped Potatoes Celery Sticks, Roll Baby Carrots, Diced Pears
26 Cheese Stick Marinara Sauce Cup Sliced Peaches ***** Cheese Pizza Green Salad Baby Carrots Apple Chips	27 Belgian Waffle Craisin Mixed Fruit ***** Fish Sandwich Tater Tots Cucumber, Baked Beans Fruit Slushy	28 Cereal with Toast Diced Pears Apple Chips ***** Macaroni with Meat Sauce Green Salad with Cucumber Edamame Apple Chips, Roll	29 Portuguese Sausage Steamed Rice, Craisins Applesauce ***** Roasted Pork with Gravy Steamed Rice Steamed Broccoli Baby Carrots, Fruit Juice	30 Cinnamon Roll Apple Chips Craisin ***** Hot Dog-in-Bun Tater Tots Coleslaw Apple Chips
July 3 Belgian Waffle Pineapple Chunks Apple Chips ***** Tasty Tenders Steamed Rice Baby Carrots, Edamame Cucumber, Applesauce	4 No School Independence Day Holiday	5 Breaded Chicken Patty Steamed Rice, Craisins Sliced Peaches ***** Chicken Sandwich Tater Tots Lettuce & Tomato Wedge Edamame, Apple Chips	6 Cereal with Toast Diced Pears Craisin ***** Cheese Pizza Green Salad Marinara Sauce Cup Fruit Juice	7 Pizza Bagel Mixed Fruit Fruit Juice ***** Beef Patty with Gravy Steamed Rice Broccoli, Corn Craisin
10 Portuguese Sausage Steamed Rice, Craisin Pineapple Chunks ***** Macaroni & Cheese Edamame Baby Carrots Apple	11 Cinnamon Roll Diced Pears Apple Chips ***** Pepperoni Pizza Cucumber Corn Craisin	12 Breakfast Kit Craisin ***** Hamburger Curry Steamed Rice, Roll Corn, Broccoli Fruit Slushy	13 Cereal with Toast Applesauce Apple Chips ***** Tuna Sandwich with Soup Baby Carrots Cucumber Craisin	14 Breakfast Pizza Craisin Apple Chips ***** Baked Chicken Steamed Rice Broccoli, Baked Beans Apple Chips

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."

Menu is subject to
 change without notice