

Ma'ema'e Elementary School Menu

September 2022

Menus are available online at www.maemaeschool.com. Click on the "About Us" tab, or pick up a hardcopy at the school office.

			9/1/2022	9/2/2022
			Cereal WW Toast Pears Fresh Fruit	French Toast Sticks Apple Chips Pineapple
			Chicken Tenders Rice Edamame Baby Carrots Veggie Sticks Applesauce	Kalua Pork w/ Cabbage Rice Lomi Tomato Pineapple Chunks
9/5/2022	9/6/2022	9/7/2022	9/8/2022	9/9/2022
Holiday Labor Day	Breakfast Kit Fresh Fruit	Portugese Sausage Rice Fresh Fruit Pineapple	Country Breakfast Scramble Rice Juice Applesauce	Breakfast Pizza Fresh Fruit Apple Chips
	Hamburger Curry Rice Broccoli & Corn WG Roll Slushie	Pepperoni Pizza Veggie Sticks Steamed Corn Fresh Fruit	Mac & Cheese Baby Carrots Edamame Fresh Fruits	Baked Chicken Rice Broccoli Baked Beans Apple Chips
9/12/2022	9/13/2022	9/14/2022	9/15/2022	9/16/2022
Bagel w/ Cream Cheese Fresh Fruit Pears	Pork Sausage Patty Biscuit Mixed Fruits Juice	Fruited Muffin Juice Peaches	Country Gravy Pizza Pineapple Craisins	Cereal WW Toast Applesauce Fresh Fruit
Cheese Bites w/ Sauce Veggie Sticks Slushie	Creole Mac Green Salad Edamame Applesauce WG Roll	Hamburger Oven Potatoes Lettuce & Tomato Fresh Fruit	Breaded Chicken Tenders Rice Edamame & Corn Peaches	Roast Turkey w/ Gravy Whipped Potatoes Zucchini Sticks Steamed Carrots Pears WG Roll
9/19/2022	9/20/2022	9/21/2022	9/22/2022	9/23/2022
Cheese Sticks w/ Sauce Peaches	Belgian Waffle Fresh Fruit Mixed Fruit	Cinnamon Roll Apple Chips Fresh Fruits	Yogurt w/ Granola Pears Fresh Fruit	Portugese Sausage Rice Applesauce Craisins
Cheese Pizza Green Salad Baby Carrots Fresh Fruits	Fish Sandwich Oven Potatoes Veggie Sticks Baked Beans Fruit Slush	Spaghetti w/ Meat Sauce Green Salad Cucumber Edamame Fresh Fruit WG Roll	Roast Pork w/ Gravy Rice Steamed Broccoli Baby Carrots Juice	Hot Dog in WW Bun Tater Tots Coleslaw Apple Chips
9/26/2022	9/27/2022	9/28/2022	9/29/2022	9/30/2022
French Toast Sticks Apple Chips Pineapple	Coffee Cake Pork Sausage Patty Fresh Fruit Apple Chips	Chicken Patty Steamed Rice Fresh Fruit Peaches	Cereal WW Toast Pears Fresh Fruit	Pizza Bagel Mixed Fruits Juice
Chicken Tenders Rice Edamame Baby Carrots Veggie Sticks Applesauce	Chicken Patty Sandwich Oven Potatoes Green Salad Tomato/ Edamame Fresh Fruit	Beef Chili Nachos Mixed Green Salad Juice Salsa	Hamburger Patty w/ Gravy Steamed Rice Broccoli & Corn Fresh Fruits	Kalua Pork w/ Cabbage Rice Lomi Tomato Pineapple Chunks

Menu subject to change without further notice. All meals include a ½ pint of milk.

"This Institution is an equal opportunity provider."