## Ma'ema'e Elementary School Menu

November 2025

Menus are available online at www.maemaeschool.com. Click on the "About Us" tab, or pick up a hardcopy at the school office.

For Breakfast 1 C	hoice ontion offered dail	y in addition to main Entr	ée (Cereal & Toast) or (	Yogurt & Granola)
11/3/25	11/4/25	11/5/25	11/6/25	11/7/25
French toast	Scrambled egg & cheese	Maple pancake sausage &	Bagel w/ jelly	Portugese sausage
	burrito	cheese	Watermelon raisin	Hapa rice
Applesauce				•
Blueberry crunch	Salsa cup	Tropical raisin	Strawberry gel	Blueberry crunch
	Mandarin orange	Orange		Pine chunks
	Sour raisin			
Cheese bite	Orange chicken w/ hapa rice	Creole mac & cheese	Hamburger	Turkey w/ gravy & roll
Marinara	Edamame	Salad	Lettuce & tomato	Mash potato
Celery	Steam broccoli	Shredded carrot	Baby carrots	Zucchini
Peach mango slushie	Pine chunks Fortune cookie	Cucumber	Crinkle fries	Sour blue raisin
Fresh fruit (AD)	Mandarin orange (AD) Roll(AD)	Peaches	Sour watermelon raisin	
1 Tool Hall (7 LD)	Mandarin Grange (AD) Noii(AD)	French roll	Fresh fruit (AD)	
		Pears (AD)	r restrirent (AD)	
11/10/25	11/11/25	11/12/25	11/13/25	11/14/25
Pancake poffitz	11/11/20	Ham & cheese croissant	Breakfast chicken patty	Cinnamon roll
•			slider	
Mix fruit		Apple		Turkey links
Pears		Strawberry crunch	Appplesauce	Tropical raisin
			Cran juice	Peaches
Chilli relleno	Veterans day	Chicken Patty sandwich	Chicken potsticker	Kalua pork & cabbage
	veterans day			
Salad		Lettuce & tomato	Cucumber pickles	Rice
Salsa cup		Potato wedge	Steam broccoli	Lomi tomato
Orange gel		Apple	Tropical punch raisin	Okinawan sweet potato
Fresh fruit (AD)		Fruit punch (AD)	Dipping sauce	Pine chunks
			Fresh fruit (AD)	Fresh fruit(AD)
11/17/25	11/18/25	11/19/25	11/20/25	11/21/25
Fiesta empanada	Scrambled egg & cheese	Guava pastry	Bagel W/ jelly	Portugese sausage
Pears	w/ tortilla	Boiled egg	Pine chunks	Hapa rice
	·			•
Fruit punch juice	Salsa cup	Pears	sour raisin	Apple
	Sour raisin	Peaches		Blueberry crunch
l "	O	Field a second suitale	01:1 1 1 14/14 0	B 1 1 1 1 1 /
<ul> <li>Lasagna roll up</li> </ul>	Cheese pizza	FISH Sandwich	Chicken tender VV/ Mac &	Baked chicken w/ dravv
Lasagna roll up Salad	Cheese pizza	Fish sandwich Chins	Chicken tender W/ Mac &	Baked chicken w/ gravy
Salad	Celery	Chips	cheese	Rice
Salad Baby carrots	Celery Baby carrots	Chips Celery	cheese Edamame	Rice Steam broccoli & corn
Salad Baby carrots Peaches	Celery Baby carrots Apple	Chips Celery Lettuce & tomato	cheese Edamame Steam carrots	Rice Steam broccoli & corn POG slushie
Salad Baby carrots Peaches Pears (AD)	Celery Baby carrots	Chips Celery Lettuce & tomato Strawberry gel	cheese Edamame Steam carrots Orange	Rice Steam broccoli & corn
Salad Baby carrots Peaches	Celery Baby carrots Apple	Chips Celery Lettuce & tomato	cheese Edamame Steam carrots Orange Dipping sauce	Rice Steam broccoli & corn POG slushie
Salad Baby carrots Peaches Pears (AD) Roll(AD)	Celery Baby carrots Apple Fresh fruit (AD)	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD)	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)	Celery Baby carrots Apple Fresh fruit (AD)	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)	cheese Edamame Steam carrots Orange Dipping sauce	Rice Steam broccoli & corn POG slushie
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25 Mini blueberry pancake	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD)	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25 Mini blueberry pancake Mix fruit	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD)	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25 Mini blueberry pancake	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD)	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25 Mini blueberry pancake Mix fruit	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD)	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25  Mini blueberry pancake Mix fruit Strawberry crunch	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25 Mini blueberry pancake Mix fruit Strawberry crunch	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD)	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25 Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25 Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans Steam broccoli	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots Celery	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots Celery	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25 Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans Steam broccoli Strawberry cream cup	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots Celery Apple	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots Celery Sweet potsto mash	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25  Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans Steam broccoli Strawberry cream cup signatue sauce	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots Celery	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots Celery Sweet potsto mash Blueberry crunch	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25  Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans Steam broccoli Strawberry cream cup signatue sauce Pears (AD)	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots Celery Apple	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots Celery Sweet potsto mash	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25 Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans Steam broccoli Strawberry cream cup signatue sauce	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots Celery Apple	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots Celery Sweet potsto mash Blueberry crunch	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25  Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans Steam broccoli Strawberry cream cup signatue sauce Pears (AD)	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots Celery Apple	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots Celery Sweet potsto mash Blueberry crunch	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25  Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans Steam broccoli Strawberry cream cup signatue sauce Pears (AD)	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots Celery Apple	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots Celery Sweet potsto mash Blueberry crunch	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25  Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans Steam broccoli Strawberry cream cup signatue sauce Pears (AD)	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots Celery Apple	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots Celery Sweet potsto mash Blueberry crunch	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25  Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans Steam broccoli Strawberry cream cup signatue sauce Pears (AD)	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots Celery Apple	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots Celery Sweet potsto mash Blueberry crunch	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25  Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans Steam broccoli Strawberry cream cup signatue sauce Pears (AD)	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots Celery Apple	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots Celery Sweet potsto mash Blueberry crunch	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25  Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans Steam broccoli Strawberry cream cup signatue sauce Pears (AD)	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots Celery Apple	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots Celery Sweet potsto mash Blueberry crunch	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25  Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans Steam broccoli Strawberry cream cup signatue sauce Pears (AD)	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots Celery Apple	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots Celery Sweet potsto mash Blueberry crunch	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25  Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans Steam broccoli Strawberry cream cup signatue sauce Pears (AD)	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots Celery Apple	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots Celery Sweet potsto mash Blueberry crunch	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25  Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans Steam broccoli Strawberry cream cup signatue sauce Pears (AD)	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots Celery Apple	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots Celery Sweet potsto mash Blueberry crunch	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25  Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans Steam broccoli Strawberry cream cup signatue sauce Pears (AD)	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots Celery Apple	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots Celery Sweet potsto mash Blueberry crunch	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25  Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans Steam broccoli Strawberry cream cup signatue sauce Pears (AD)	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots Celery Apple	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots Celery Sweet potsto mash Blueberry crunch	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)
Salad Baby carrots Peaches Pears (AD) Roll(AD)  11/24/25  Mini blueberry pancake Mix fruit Strawberry crunch  Plant bites w/ hapa rice Baked beans Steam broccoli Strawberry cream cup signatue sauce Pears (AD)	Celery Baby carrots Apple Fresh fruit (AD)  11/25/25 Coffee bread Turkey sausage Pine chunks Sour raisin  Hot dog Tater tots Celery Apple	Chips Celery Lettuce & tomato Strawberry gel Applesauce (AD)  11/26/25 Cheese stick Marinara Blueberry crunch  Kalua pork sandwich Baby carrots Celery Sweet potsto mash Blueberry crunch	cheese Edamame Steam carrots Orange Dipping sauce Fresh fruit (AD) 11/27/25	Rice Steam broccoli & corn POG slushie Pine chunks (AD)