

# Ma'ema'e Elementary School Menu

MARCH 2023

Menus are available online at [www.maemaeschool.com](http://www.maemaeschool.com). Click on the "About Us" tab, or pick up a hardcopy at the school office.

		3/1/2023	3/2/2023	3/3/2023
		Fruited Muffin Juice Peaches	Country Gravy Pizza Pineapple Craisins	Cereal WW Toast Applesauce Fresh Fruit
		Hamburger Oven Potatoes Lettuce & Tomato Fresh Fruit	Breaded Chicken Tenders Rice Edamame & Corn Peaches	Roast Turkey w/ Gravy Whipped Potatoes Zucchini Sticks Steamed Carrots Pears WG Roll
3/6/2023	3/7/2023	3/8/2023	3/9/2023	3/10/2023
Cheese Sticks w/ Sauce Peaches	Belgian Waffle Fresh Fruit Mixed Fruit	Cinnamon Roll Apple Chips Fresh Fruits	Yogurt & Cereal Pears Fresh Fruit	Portugese Sausage Rice Applesauce Craisins
Cheese Pizza Green Salad Baby Carrots Fresh Fruits	Hot Dog WW Bun Tater Tots Coleslaw Apple Chips	Spaghetti w/ Meat Sauce Green Salad Cucumber Edamame WG Roll Fresh Fruit	Fish Sandwich Oven Potatoes Veggie Sticks Baked Beans Fruit Slush	Roast Pork w/ Gravy Rice Steamed Broccoli Baby Carrots Juice
3/13/2023	3/14/2023	3/15/2023	3/16/2023	3/17/2023
<h2>SPRING BREAK</h2>				
3/20/2023	3/21/2023	3/22/2023	3/23/2023	3/24/2023
Breakfast Kit Fresh Fruit	Portugese Sausage Rice Fresh Fruit Pineapple	Breakfast Pizza Fresh Fruit Apple Chips	Cereal & Toast Juice Applesauce	Cinnamon Roll Pears Fresh Fruit
Mac & Cheese Baby Carrots Edamame Fresh Fruits	Pepperoni Pizza Veggie Sticks Steamed Corn Fresh Fruit	Tuna Sandwich Chicken Noodle Soup Cherry Tomatoes Veggie Sticks Fresh Fruits	Hamburger Curry Rice Broccoli & Corn WG Roll Slushie	Baked Chicken Rice Broccoli Baked Beans Apple Chips
3/27/2023	3/28/2023	3/29/2023	3/30/2023	3/31/2023
<b>HOLIDAY KUHIO DAY</b>	Bagel w/ Cream Cheese Fresh Fruit Pears	Fruited Muffin Juice Peaches	Country Gravy Pizza Pineapple Craisins	Cereal WW Toast Applesauce Fresh Fruit
	Cheese Bites w/ Sauce Veggie Sticks Slushie	Hamburger Oven Potatoes Lettuce & Tomato Fresh Fruit	Breaded Chicken Tenders Rice Edamame & Corn Peaches	Roast Turkey w/ Gravy Whipped Potatoes Zucchini Sticks Steamed Carrots Pears WG Roll

Menu subject to change without further notice. All meals include a ½ pint of milk.  
"This Institution is an equal opportunity provider."