

Ma'ema'e Elementary School Menu

JANUARY 2023

Menus are available online at www.maemaeschool.com. Click on the "About Us" tab, or pick up a hardcopy at the school office.

| 1/2/2023 | 1/3/2023 | 1/4/2023 | 1/5/2023 | 1/6/2023 |
|--|---|--|--|--|
| | | Country Gravy Pizza Pineapple Craisins | Bagel w/ Cream Cheese Fresh Fruit Pears | Cereal WW Toast Applesauce Fresh Fruit |
| New Years Day (observed) | No School Teachers Workday | Breaded Chicken Tenders Rice Edamame & Corn Peaches | Cheese Bites w/ Sauce Veggie Sticks Slushie | Creole Mac Green Salad Edamame WG Roll Applesauce |
| 1/9/2023 | 1/10/2023 | 1/11/2023 | 1/12/2023 | 1/13/2023 |
| Cheese Sticks w/ Sauce Peaches | Belgian Waffle Fresh Fruit Mixed Fruit | Cinnamon Roll Apple Chips Fresh Fruits | Yogurt w/ Granola Pears Fresh Fruit | |
| Cheese Pizza Green Salad Baby Carrots Fresh Fruits | Fish Sandwich Oven Potatoes Veggie Sticks Baked Beans Fruit Slush | Spaghetti w/ Meat Sauce Green Salad Cucumber Edamame WG Roll Fresh Fruit | Roast Pork w/ Gravy Rice Steamed Broccoli Baby Carrots Juice | No School Professional Development Day |
| 1/16/2023 | 1/17/2023 | 1/18/2023 | 1/19/2023 | 1/20/2023 |
| | Chicken Patty Steamed Rice Fresh Fruit Peaches | Coffee Cake Pork Sausage Patty Fresh Fruit Apple Chips | French Toast Sticks Apple Chips Pineapple | Cereal WW Toast Pears Fresh Fruit |
| Holiday Dr. Martin Luther King Jr. Day | Chicken Tenders Rice Edamame Baby Carrots Veggie Sticks Applesauce | Hamburger Patty w/ Gravy Steamed Rice Broccoli & Corn Fresh Fruits | Chicken Patty Sandwich Oven Potatoes Green Salad Tomato/ Edamame Fresh Fruit | Kalua Pork w/ Cabbage Rice Lomi Tomato Pineapple Chunks |
| 1/23/2023 | 1/24/2023 | 1/25/2023 | 1/26/2023 | 1/27/2023 |
| Breakfast Kit Fresh Fruit | Cinnamon Roll Pears Fresh Fruit | Portugese Sausage Rice Fresh Fruit Pineapple | Country Breakfast Scramble Rice Juice Applesauce | Breakfast Pizza Fresh Fruit Apple Chips |
| Hamburger Curry Rice Broccoli & Corn WG Roll Slushie | Mac & Cheese Baby Carrots Edamame Fresh Fruits | Tuna Sandwich Chicken Noodle Soup Cherry Tomatoes Veggie Sticks Fresh Fruits | Pepperoni Pizza Veggie Sticks Steamed Corn Fresh Fruit | Baked Chicken Rice Broccoli Baked Beans Apple Chips |
| 1/30/2023 | 1/31/2023 | | | |
| Bagel w/ Cream Cheese Fresh Fruit Pears | Pork Sausage Patty Biscuit Mixed Fruits Juice | | | |
| Cheese Bites w/ Sauce Veggie Sticks Slushie | Creole Mac Green Salad Edamame WG Roll Applesauce | | | |

Menu subject to change without further notice. All meals include a ½ pint of milk.

"This Institution is an equal opportunity provider."