

All meals include a choice of either fat-free or 1%, chocolate or white milk.

Check the Nutrislice website for the daily breakfast option at Ke'elikōlani Middle School.

# July 2024 Breakfast and Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Plain Bagel Cream Cheese Cup Sliced Peaches, Mixed Fruit ***** Cheese Bites Marinara Sauce Cucumber Sticks Apple Chips</p>	<p>2 Breakfast Chicken Patty Brown Rice, Pears Fruit Juice ***** Chicken Tenders Brown Rice, Dipping Sauce Baby Carrots, Edamame Fruit Gel</p>	<p>3 Breakfast Pizza Pineapple Chunks Apple Chips ***** BBQ Pork Sandwich Tater Tots Coleslaw, Baked Beans Sliced Peaches</p>	<p>4 NO SCHOOL</p>	<p>5 Country Breakfast Scramble Brown Rice, Salsa Cup Apple Chips ***** Mini Turkey Corn Dogs Cucumber Sticks Dipping Sauce Baby Carrots, Apple Chips</p>
<p>8 French Toast Sticks Maple Syrup, Pineapple Chunks Apple Chips ***** Beef Patty with Gravy Brown Rice Steamed Carrots, Baked Beans Fruit Slushie</p>	<p>9 Portuguese Sausage Brown Rice, Apple Chips Sliced Peaches ***** Chicken Patty Sandwich Lettuce Leaf &amp; Tomato Slice Tater Tots, Apple Chips</p>	<p>10 Breakfast Pizza Bagel Apple Chips Pears ***** Chili and Cheese Nachos Green Salad, Salsa Cup Fruit Juice</p>	<p>11 School Made muffin Pork Sausage Patty Applesauce, Craisins ***** Cheese Pizza Cucumber Sticks Edamame, Dressing Apple Chips</p>	<p>12 Pork Sausage Patty Brown Rice, Apple Chips Fruit Juice ***** Roasted Turkey with Gravy Whipped Potatoes Zucchini, Whole Grain Roll Mixed Fruit</p>
<p>15 Plain Bagel Cream Cheese Cup, Pears Apple Chips ***** Tasty Tenders Brown Rice, Dipping Sauce Broccoli, Baked Beans Fruit Gel</p>	<p>16 Portuguese Sausage Brown Rice, Apple Chips Pineapple Chunks ***** Cheeseburger with Bun Lettuce Leaf &amp; Tomato Slice Tater Tots, Apple Chips Cucumber Sticks, Dressing</p>	<p>17 Country Gravy Pizza Apple Chips Fruit Juice ***** Creole Macaroni with Cheese Green Salad, Dressing Corn, Whole Grain Roll Sliced Peaches</p>	<p>18 Cheese-stuffed Breadstick Marinara Sauce Cup Apple Chips ***** Chicken Potstickers (Gyoza) Dipping Sauce, Baby Carrots Cucumber Sticks, Dressing Fruit Juice</p>	<p>19 Cinnamon Roll Craisins Sliced Peaches ***** Baked Chicken with Gravy Brown Rice Steamed Carrots, Edamame Diced Pears</p>
<p>22 NO SCHOOL</p>	<p>23 NO SCHOOL</p>	<p>24 NO SCHOOL</p>	<p>25 NO SCHOOL</p>	<p>26 NO SCHOOL</p>
<p>27 NO SCHOOL</p>	<p>28 NO SCHOOL</p>	<p>29 NO SCHOOL</p>	<p>30 NO SCHOOL</p>	<p>31 NO SCHOOL</p>

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.”

Menu is subject to change without notice.